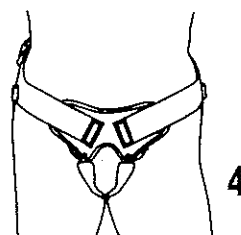
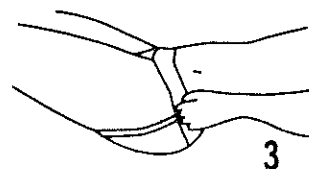
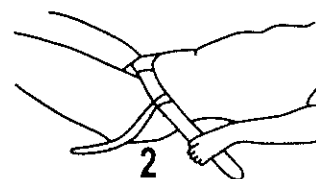
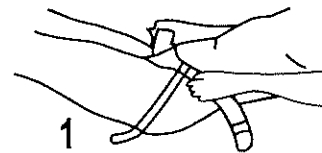


Wearing method:

1. Lie on and massage the hernia swelling gently until it is back inside the abdomen. Put the support on the abdomen with a pad over the swelling spot.
2. Slip the elastic belt behind body, snap its buckle into the hook on the right side and adjust for better fit. Press the buckle points through the belt and cover them with the hinged guard.
3. Place the elastic leg straps around legs and fasten to the buckles.
4. Adjust the belt and leg straps for a comfortable fit.
5. Remove the support-Unsnap the belt buckle.



For Single Support:

1. Remove pad on non-hernia side.
2. Insert attached stud.
3. Attach leg strap to the stud.

